

## Who is an *Ultimate Human*? Is it You?

by Bill Bauman

Who is an *ultimate human*? Is it you? Or, are you designed for some other style of human being-ness? To you answer this question, let's look at what makes up this singular person called an *ultimate human*.

First, an ultimate human is someone who is open to an expansive and *holistic approach* to life—specifically, its spiritual, mystical, psychological, emotional, energetic, primal, physiological, scientific, cognitive and earthy qualities. This person neither ignores nor rejects any one of these perspectives; rather, he/she embraces them all fully, both as they're an intimate part of the person him-/herself and as they express in the world around him or her.

Second, someone who embraces *ultimacy* in her or his life is a person who is willing to walk through any and every situation that life presents to her/him, without exception. She/he says 'no' to nothing in her/his world, and is willing to engage with whatever is on her/his plate, fully—open to learning the lessons, responding to the invitations, and welcoming the possibilities for growth that are inherent in every situation—no matter what the cost.

Third, an *ultimate* human is willing to move through every stage and condition of his/her life without blaming others, without resorting to or claiming victimness, and without using fear as an excuse. He/she is open to walking through fear—at all its levels and in all its styles of gripping-ness—as a path to full freedom and growth. This person is devoted to finding personal *freedom* in relation to every human myth and belief, every human emotion and feeling, and every human version of consciousness.

Fourth, an ultimate human is a person who feels *inspired* and called—that is, propelled at the deepest level of her/his soul—to fulfill every aspect of her/his potential, to realize her/his ultimate created nature in every way, and to live every aspect of life in a genuinely masterful manner.

Fifth, if you feel that you fit the above descriptions, then you are ready to face the final characteristic of the ultimate human: this person has a deep sense of *destiny*—a personal calling to ultimacy that is so deep and compelling that it influences every aspect of his/her life. This destiny is a drive that is profoundly rooted in your soul, lovingly active in your heart, powerfully influential in your daily life.

As a destiny-driven ultimate human being on this earth, you are—and *feel*—called to take your place among those who, throughout the centuries of evolving human history, have given themselves in loving service to this earth and have made a significant difference in the quality of human life and consciousness.

So, what about you? Are you created or destined to be an *ultimate* human presence? Only you can answer that question, of course. If your response is a 'yes,' then know that there are others—albeit, a relatively small group—who share that very same nature. You are not alone. Yet, you and you alone have the key to unlocking your potential for ultimacy and embracing your calling fully. It's within you.

Please look honestly—into your heart, your soul, your innermost and deepest truth. Then ask yourself whether *now* is your destined time, your grace-filled moment, to open the door of your heart and leap into your ultimacy. If it is, let's do it together, all of us ultimate humans-in-training. Let's embrace our ultimacy; let's become our destiny; let's fulfill our calling! Let's be the ultimate human beings we came to earth to become!