

## ***What's It All About***

*What's it all about*

*Why are we here what does it mean*

*This purpose of life this human scene*

*Who are we anyway why do we even care*

*It's hard trying to be so humanly aware*

*Figuring it out can just make us scream*

*We give it our best shot the old college try*

*Examining the facts then wondering why*

*We're baffled bemused befuddled and confused*

*So we think it through we even ask the Muse*

*Is it all by chance or are we here by design*

*Perhaps we're created perfect then again you don't look so sublime*

*Surely we're all evolving but maybe six days is all it takes*

*Existence really seems absurd but this destiny thing feels pretty great*

*Is it 'I think therefore I am' or maybe 'to be or not to be'*

*Is it all about us or perhaps only about me*

*Surely we'll get it right one of these years*

*The answer to this question that burns between our ears*

*Who am I why am I here*

*The question seems simple why does it trigger such fear*

*I'll think about it later for now where's the beer*

*Well it finally happened one day I was thinking so hard*

*My brain swelled so big after consulting the bard*

*That it exploded yes it did all over the walls*

*It blasted through the doors and burst down the halls  
A messy scene it was it took days to clean up  
But my mind was now gone the jig was up*

*With nowhere else to go I collapsed into my heart  
Where that question of all questions simply fell apart  
My heart smiled at me sweetly with tender emotion  
Could it be about love it asked me with gentle devotion*

*Could it be about love I repeated my heart's question  
Then listened within me as it circled round my digestion  
So simple so easy so pure so clear  
Even elegant and inviting nothing austere  
Yes! I heard from the depths of my being  
It is about love so let's flow with love's seeing*

*Since then I let go I surrendered to my heart  
Where all questions instantly transform into love's art  
Now I ask not what does it mean  
I sit in my heart and watch love create the scene  
I see beauty and wonder elegance and grace  
Everywhere I turn they're quietly there in my face*

*I love you I love you that's all I can now say  
And I'll love you always day after day*