

What if we stopped wanting our goals to be met or our sense of purpose to be fulfilled? What if we simply pursued what we feel called to for the sake of the journey and its experience, and not for the sake of its outcome or success? What if we lived in our path's current moment rather than in its future results? I "get" that this alternative approach isn't necessarily a popular one, and that it certainly doesn't appeal to our learned desire to be fulfilled.

If we look at it through bigger-than-subjective eyes, though, we realize that, simply by "wanting" the outcome to manifest or "needing" our goal to be realized, we inadvertently reinforce our need-based and desire-oriented motivations. And in the process we keep ourselves locked into a level of "need" or "want" that sets us up for potential pain.

So, if you are looking for a bigger freedom—a freedom beyond that of your needs, drives or desires being fulfilled—you might try living "in the moment" in relation to your personal path or human destiny ... and stop wanting your actions or your life to be successful. In other words, try taking on an outcome-free, results-free and effects-free mind-set. Try living without the seeming fulfillment of wanting any fulfillment. Try just being content with how you're alive in that moment and how you're letting yourself experience whatever is in front of you. If this approach calls you, I deeply believe that you are ready for the fuller freedom that just may be your destiny.