



In Closing...Let's Look at You through Fresh Eyes!

I'd like to close this newsletter by sharing a meaningful (to me, at least!) impression of you that lives not only in my mind but in my heart. Okay, it's my impression not only of you but of all of us. (I hate true confessions!).

In the years in which I practiced as a psychologist, I found myself drawn deeper and deeper into the human psyche of my patients. With every step I took down the rabbit hole of their psyches, their unconscious depths, their souls, I kept discovering something new, something unexpected. For example, I discovered that whatever they or I thought was the 'problem' actually turned out to be the solution. Whatever was felt to be an obstinate obstacle just happened to be their innermost doorway into something very powerful. Whatever was their perceived weakness was ultimately discovered by us to be in fact their greatest strength.

In short, I discovered that all my learned assumptions about the nature of our humanness were in fact not at all true.

Then, as the years passed and I became a more spiritual resource for people, I discovered that very same truth—the truth that we are sooo much more than our assumptions about ourselves—but this time from completely spiritual perspectives rather than psychological ones. For example, in spite of the fact that we distrust our 'ego' and often seek to destroy or bypass it, that very ego holds the deepest truth of who we are as much as does our Light or our divine nature. It's just that we've just not yet figured out how to embrace our ego with enough unconditional love to open the ego's inner door to that awesome truth.

Here's my point, and please don't read it at a superficial level: *You and I are utterly perfect! Yes, perfect!* And, to boot, we're also delightfully wondrous, truly magnificent, absolutely sensational, extraordinarily fantastic, wildly imaginative, exquisitely formed, intricately constructed and divinely beautiful! So, take that! That's who and what you (and I, and all of us) are. That's the true nature and phenomenal reality of YOU—our learned assumptions to the contrary notwithstanding!

Imagine what it would be like if you and I woke up every morning and went to bed every night feeling this expansive way about yourself. Or if you and I walked through the duties and responsibilities of our day with this dynamically true self-perception alive and awake within our psyche. Imagine.

I deeply believe that, because this is our true reality and nature, it's also our most natural instinct to own and express it—like so many little kids do before they are taught to think differently about themselves. Also, I believe that it's our most natural inclination to celebrate this wondrous nature—in ourselves, in those around us and in the vast world in which we live.

What about you? I find, in hindsight now, that my personal life has been an ever evolving process of stepping into that magnificent truth about who we are ... and then teaching, serving and honoring that truth in you and in our human world. My prayer is that you, in your very own way and in accord with your own sacred path, discover the truth of your own irrefutable magnificence and perfection ... and teach it, serve it and honor it in yourself and in everyone you meet—every day!

With enormous love, honor, adoration, respect and embrace,
Bill Bauman

